

# BLISS *Victoria*

SPECIAL BLUE  
AND WHITE ISSUE

DECORATING, ENTERPRISING WOMEN, TRAVELING, ENTERTAINING

## Delight in BLUE & WHITE

A fresh take on our  
favorite color palette

FLORAL ABUNDANCE:  
Springtime hats  
and May Day  
baskets

MAY/JUNE 2011

\$4.99 US



PLUS: European treasures  
abound in an exquisite Portland shop





# Discover the Heart of NORTH CAROLINA

NESTLED IN THE ROLLING HILLS OF THE IDYLIC PIEDMONT REGION, AN ENCHANTING MEDLEY OF INNS EMBRACES GUESTS WITH SIGNATURE SOUTHERN HOSPITALITY AND TIMELESS SPLENDOR. SUMPTUOUS DÉCOR AND LUXURIOUS AMENITIES LAVISH THE SENSES WITH AN EXPERIENCE AS SERENE AS THE PASTORAL SURROUNDINGS, WHILE AN ECLECTIC ARRAY OF NEARBY BOUTIQUES, EATERIES, AND CULTURAL GEMS OFFER A MYRIAD OF DELIGHTFUL DIVERSIONS.

TEXT KIMBER MITCHELL







*Crowning the highest peak of the Terrace Garden in the Sarah P. Duke Gardens, a romantic wisteria-covered pergola beckons visitors with its ethereal loveliness and magnificent view of the landscape. The parlor and sunporch of the King's Daughters Inn, above and top left, were restored to their former 1920s splendor. Ornate plaster mouldings lend a formal air for special events such as afternoon teas and bridal showers.*





## TOURING

### DURHAM, NORTH CAROLINA

THE KING'S DAUGHTERS INN, WATTS GROCERY, AND THE SARAH P. DUKE GARDENS

**M**odern sophistication mingles with bed-and-breakfast charm at The King's Daughters Inn, where each guest room exudes signature flair. Whether dressed in classic contemporary panache or 1920s art deco élan, none of the seventeen rooms are exactly alike. A haven of old-fashioned hospitality, the inn thoughtfully loans guests complimentary Flying Pigeon bicycles to explore nearby downtown Durham and many other lively urban districts.

Celebrated for its use of area-grown ingredients, Watts Grocery is a favorite neighborhood restaurant. Chef Amy Tornquist, a Durham native, named it after a fondly remembered childhood grocery store where she stopped for candy and snacks. Her menu of distinctively North Carolinian cuisine pleases the palate with tantalizing dishes such as cornmeal-fried flounder with cider-braised creamed collards and pan-fried sweetbreads served over winter greens and mustard vinaigrette.

Nature lovers will revel in the breathtaking beauty of the Sarah P. Duke Gardens, which flourish on 55 idyllic acres on the Duke University campus. Graced with Italianate-styled terraces of seasonal plantings, a rolling woodland of native plants, and an Asiatic arboretum devoted to exotic species of eastern Asia, the gardens also showcase an alluring array of special themed landscapes. Among them are an all-white garden patterned after the famed one at Sissinghurst Castle and a placid pond embellished with the flowering beauty of water lilies and lotuses.



### Where to Shop, Eat & Visit: Durham

**DUKE UNIVERSITY CHAPEL** | This captivating landmark, a majestic example of neo-Gothic architecture, sits on the highest ridge on the college's West Campus. Crafted with volcanic stone from a quarry in nearby Hillsborough, the chapel was constructed from 1930 to 1935. The distinctive stone features seventeen shades ranging from burnt orange to slate gray.

**GUGLHUFF** | Offering a medley of sweet and savory delights, this casual eatery earns rave reviews for its Old-World artisan breads and European-style fare inspired by the owner's German heritage. The adjoining bakery tempts patrons with treats such as tarts, Linzer cookies, and croissants.

**RUE CLER** | Savor French-infused dishes prepared with seasonal and local produce for lunch, brunch, and dinner in this Parisian-style restaurant, popular for its sandwiches, crêpes, and salads.

**VERT & VOGUE** | Shop this eco-friendly boutique's award-winning collection of clothing made of rich fabrics such as cashmere and organic cotton. This unique shop in historic Brightleaf Square also specializes in handcrafted shoes, bags, and jewelry made of vintage collectibles.

**NASHER MUSEUM OF ART** | A celebration of the visual arts, this Duke University cultural gem is home to more than 13,000 treasures ranging from Renaissance masterpieces and African art to classical Greek antiquities and American works.



DUKE UNIVERSITY CHAPEL IMAGE COURTESY THE NORTH CAROLINA DIVISION OF TOURISM — BILL RUSS